

Alan Teo, 59 years

Locations: Navotas, the Philippines; Thanlyin, Yangon, Myanmar

Mission: To assist with transitional house building in Navotas and grotto building in Thanlyin

Duration: Approximately 1 week each trip

Takeaways

My first mission trip was in July 2012 to Navotas, Philippines, to help build transitional houses.

I'm into DIY, so the home building project was an easy fit for me. I had spare time on my hands and wanted to experience a building mission trip. It was through this trip that I was asked to join a small team of volunteers that would build the grotto at the Canossian Daughters of Charity Centre in Thanlyin, Yangon, Myanmar. I'm 59 years old and am not as energetic as I was 10 years ago. But I do what I can and there's no expectation on any volunteer to do more than that.

The part I enjoyed most during my trips was interacting with fellow volunteers and the locals, whom we worked alongside with. I will definitely go on another mission trip and I look forward to my next one.

