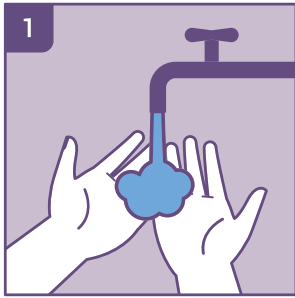
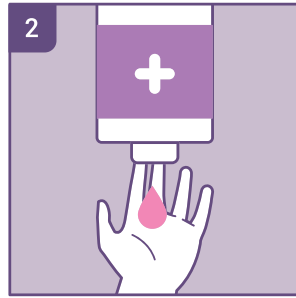


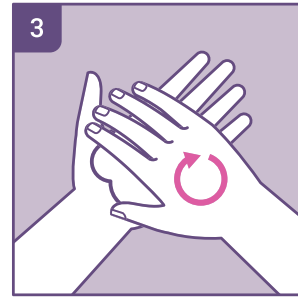
# EFFECTIVE HANDWASHING



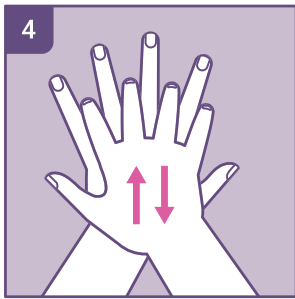
Wet hands with water



Apply soap



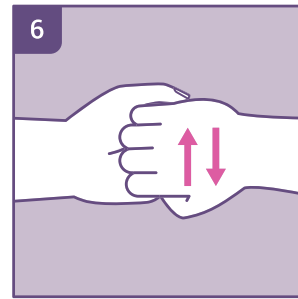
Rub palm to palm



Lather backs of your hands



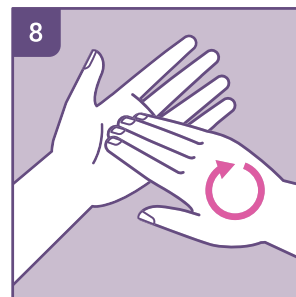
Scrub between your fingers



Rub the backs of fingers on opposing palms



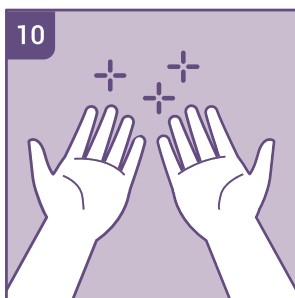
Clean thumbs in rotating motion



Wash fingernails and fingertips



Rub the wrists in rotating motion



Rinse and thoroughly dry hands. **Your hands are now clean!**

